

# MEDICAL ASSOCIATES OF NORTH GEORGIA

**Pain Clinic Director:**  
Steven M. Lobel, MD  
**Board Certified:**  
PM&R and Pain Medicine

**Program Director:**  
Medical Associates  
Pain Medicine Fellowship

## *Specializing in Interventional Spine and Sports Medicine*

### Sacro-iliac Joint Injection

The "S-I" joints connect the hip bones and the sacrum (the triangular bone above the tailbone) at the base of the spine. S-I joints are a common source of low back, buttock and hip pain.

The injections are done under x-ray guidance to aid in accuracy. A nurse and/or an x-ray technician will be in the room with the physician.

Your back will be cleaned with a sterile solution and covered with sterile towels. Under fluoroscopic guidance, the skin and muscles are numbed with local anesthetic. The injection sites are properly confirmed by infusion of a small amount of contrast dye that shows up on the X-ray. The medication is usually a combination of a local anesthetic and a steroid.

Post-injection soreness is rare in this injection but could last 1-2 days.

